**Engagement Session #5**

**Mental Health Group**

**Opening:**

Refresher on topics/issues we are interested in/what we discussed last time (~5–10 min)

**Block 1: Research Methods**

Overview of research methods (~20 min)

1. Survey (Kate)
2. Observation (Anicca)
3. Interview (Kate)
4. Focus Group (Kate)
5. Photovoice (Anicca)

*Ask students to think about/take notes on what sounds interesting or doable for the project/what is relevant to our topic.*

Reflection/collect thoughts before brain break (5 min)

**Block 2: Choosing Methods & Final Product**

1. Establish what we’ve accomplished so far (~2 min, Kate)
   1. Learning how researchers and young people can work together to solve problems
   2. Understanding community needs
2. Clarify what we are working towards (~3 min, Anicca)
   1. Building relationships as collaborators
   2. Revisit YPAR framework
3. Coming up with action plan
   1. What is our end goal?
      1. Who is the population? Sayre students
      2. Example: our idea about resource list/map for students
         1. Provide example and get youth partner feedback
   2. Is it feasible in the timeframe?
   3. How can we achieve that goal? Which research methods?